

July 2023

Normandy Connection

The Normandy Care Center, 22709 Lake Rd. Rocky River, Ohio 44116, (440) 333-5400



Leadership Team

Administrator
Emily Connolly

Admissions & Marketing
Whitney Dillman

BOM & Billing
Jeanne Kucinski, Cadie Houser

Dietary Manager
Kathy Halderman

Director Of Nursing
Fabian Mediavilla

Facility Rehab Coordinator
Lauren Browske

HR Director
Melissa Cervone

Housekeeping & Laundry
Liz Eisom

Life Enrichment Director
Cindy Hadley

Maintenance Director
Corey Lindsey

Medical Records & Central Supply
Mary Lou Diaz

MDS
Kim Kinney

Social Service Directors
Ginny Moes, Rya Laurel

Staffing Coordinator
Shiaa Robinson

Unit Managers
Cindy Oliver
Janice Gibson
Christie Thacker



Please say hello to our **July Resident of the Month, Brian Nagy**. He is our youngest resident and will be celebrating his 47th birthday this month. He was born on July 20th, 1976 at St. Joseph's hospital in Lorain Ohio. He was one of 3 children, born to Larry and Linda Nagy. His father retired from US Steel in Lorain at the age of 62, and his mother was a waitress. He lost one sister, Kristina to breast cancer, and his other sister Jennifer is 40 and lives with her husband Kevin and their two children Beckett and Kingsley.

Brian graduated from Avon Lake High and went on to work at different grocery stores in the area; Giant Eagle, Rini Rego and Heinen's. Brian has endured his share of challenges and setbacks: he suffered from leukemia as a child but overcame it at the age of 18.

As an adult he developed a brain tumor which was surgically removed in 2010. He continues to recover and heal from that trauma, and is diligent in working with physical therapy to regain his strength.

In 2010 he met the love of his life, Marlene through a dating site called Christian Mingle. Their very first date was seeing the "Muppet movie" in Westlake. They were married in Lorain at the Methodist Church in 2015. They have one fur-baby, a cat named Smokey.

Marlene is a teacher at Horizon Charter Science Academy in Lorain. She teaches art, middle through High school. When she's not teaching, she is a dynamic presence in Brian's life at the care center. Her positive, cheerful attitude is an inspiration not only to Brian, but to the staff and residents as well. She helps him with his exercises, and all projects he chooses through our life enrichment program. Brian participates in all our activities, and with Marlene's help has a beautiful garden growing in the courtyard off of our Main Dining Room. He loves plants, and is very knowledgeable about them. He loves to cook, chicken paprikash being a favorite. He loves the Wii bowling game, bingo, the parties here, and the many adventures around the city when he goes out of the facility with Marlene. Brian's positive attitude and indomitable spirit is an inspiration to us all! If you ask him what he loves most in life, he will answer without hesitation: "My wife." Congratulate Brian when you see him!!

Good Fortune

No meal at a Chinese restaurant is complete without the obligatory fortune cookie to finish the experience. However, there is nothing inherently Chinese about fortune cookies. The crisp vanilla cookies were invented in California around 1915, but just who invented them is up for debate—a debate we hope to resolve before July 20, Fortune Cookie Day.



Modern-day fortune cookies might have been inspired by a real-life Chinese historical figure. In the 14th century, Chinese revolutionary Chu Yuan Chang led a band of rebels against the Mongols. Disguised as a Taoist priest, Chu entered the walls of cities occupied by the Mongols to hand out traditional moon cakes to the locals. Moon cakes were made with lotus nut paste, an ingredient that the Mongols never liked. Knowing that the Mongols would never taste a moon cake, Chu hid messages inside them detailing his strategies to rise against the Mongols. It is believed that the first fortune cookies were born from this ancient practice of hiding messages in moon cakes.

Fast forward to San Francisco in 1914, where Japanese immigrant Makoto Hagiwara ran his famous Japanese Tea Garden in Golden Gate Park. After the anti-Japanese mayor of San Francisco attempted to remove Hagiwara from his position, Hagiwara showed his appreciation to friends who stood by him by hiding well wishes inside a cookie. Hagiwara's "fortune cookies" became a staple at the Japanese Tea Garden.

Or perhaps the credit goes to Chinese immigrant David Jung, founder of Los Angeles' Hong Kong Noodle Company. Jung claims to have created the cookie in 1918. So saddened by the unemployed people wandering the streets of Los Angeles, he invented a cookie that held inspirational Bible passages on small strips of paper.

Fortune has favored Hagiwara. In 1983, the unofficial Court of Historical Review in San Francisco ruled Hagiwara the rightful inventor of the fortune cookie.

Patriotic Treats!





Resident Birthdays

Kenneth Burich 7/1
 Carol Herron 7/1
 Roger O'Dell 7/3
 Marilyn McElroy 7/4
 John Hengesbaugh 7/7
 Jess Kitzmiller 7/9
 Helen Korecky 7/13
 Thomas Asimakis 7/17
 Marie Marsh 7/19
 Brian Nagy 7/20
 John Noonan 7/25
 Susan Smith 7/29
 Sandra Ezekiel 7/30
 Maria Morariu 7/31



Nickie Johnson 7/1 (15yrs)
 Elizabeth Eison 7/5 (1yr)
 Mustaf Delishaj 7/16 (3yrs)
 Elvira Pendavinji 7/16 (3yrs)
 Angela Carter 7/19 (1yr)
 Dale Ellison 7/19 (1yr)
 Linda Taylor 7/21 (8yrs)

Canned Heat Down Under



Since 1974, Mindil Beach in Darwin, Australia, has hosted the Beer Can Regatta. Sunday, July 16, the antics will resume when 60 boats made of old beer cans will attempt to float for the amusement of the 22,000 spectators. The event was first conceived in 1974 as a way to clean up the many aluminum cans littering the streets of Darwin. Over the past several decades, the Regatta has become Darwin's most iconic event. Repeat participants spend the entire year gathering cans (and drinking copious amounts), and they test and retest methods to create results.

A Walk Through History

On July 1, 1979, the Japanese technology company Sony introduced its Walkman portable cassette player to the world, an innovation that would forever change the way we enjoy music.



Plenty of portable cassette-tape players were available in 1979, but none of them were designed to be used by individuals walking around. The cassette tape, developed in 1963, allowed people to listen to tapes in their cars or on large cassette players. Sony itself sold the bulky TC-D5 cassette player, but company cofounder Masaru Ibuka was not satisfied. He wanted a truly personal and portable system optimized for playback while he was out and about, especially when he was traveling on long business flights.

Norio Ohga, Sony's executive deputy president, got to work with engineer Kozo Ohson. Soon, Ohson had invented both a new cassette player and a pair of lightweight headphones with fantastic sound quality. The invention was better than anything Sony could have hoped for. Sony Chairman Akio Morita declared, "It'll be a hit!" Now, all Sony needed was a name.

At first, the cassette player was called by many names. In the U.S., marketers wanted to call it the Sound-About. In the U.K., it was the Stowaway. Marketers decided that too many names in too many countries would be confusing, so Sony finally decided on the Walkman.

In June of 1979, Sony invited a group of journalists to Yoyogi park in Tokyo, where they were each given a Walkman to wear. The journalists strolled the park while listening to various demonstrations on the device. Needless to say, it was an instant hit. Sony thought it would sell 5,000 Walkmans in the first month. It soon sold 50,000! The device's unique combination of excellent sound quality and privacy (thanks to its headphones) was unprecedented. The Walkman's popularity led to a boost in cassette sales and even exercise, now that people wanted to get outside and listen to music on the go.

July Staff Birthdays

Musammat Akhtar 7/1
Hazim Kabash 7/1
Mary Lou Diaz 7/9
Suzanne Humpal 7/15
Darrius Samuels 7/15
Kaila Thorpe 7/16
Amanda Workman 7/17
Jonmara Benjamin 7/20
Kalsie Dawson 7/20
Charnele Oliver 7/20
Dwana Hopkins 7/25
Nicole Taylor 7/26
Jerrica Teel 7/30
Sunny Young 7/31

June's Van Outing

