



Normandy Manor S/S – Sample Menu

Regular diet / Regular texture

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|------------------|--|--|--|--|---|--|---|
| Breakfast | <ol style="list-style-type: none"> 2% Milk Orange Juice Coffee Fresh Honeydew Hot Cereal Bacon Pancakes* Syrup PC Butter | <ol style="list-style-type: none"> 2% Milk Cranberry Juice Coffee Banana Hot Cereal Cheesy Eggs Hash Brown Patty | <ol style="list-style-type: none"> 2% Milk Grape Juice Coffee Mandarin Oranges, Canned Hot Cereal Cinnamon Apple Coffee Cake | <ol style="list-style-type: none"> 2% Milk Orange Juice Coffee Hot Cereal Egg & Cheese Puff Ham Slice Muffin, English Jelly PC Butter | <ol style="list-style-type: none"> 2% Milk Cranberry Juice Coffee Hot Cereal Blueberry Pancakes Syrup PC Butter | <ol style="list-style-type: none"> 2% Milk Apple Juice Coffee Hot Cereal Scrambled Eggs+ Toast, Wheat Jelly PC Butter | <ol style="list-style-type: none"> 2% Milk Grape Juice Coffee Fresh Fruit Cup Hot Cereal Sausage Link Waffle Syrup PC Butter |
| Lunch | <ol style="list-style-type: none"> 2% Milk Water, 4oz Coffee Hungarian Goulash Potato Cheddar Cod Buttered Noodles Three Cheese Pasta Seasoned Peas+ Seasoned Broccoli+ Butter Pie, Key Lime Meringue | <ol style="list-style-type: none"> 2% Milk Water, 4oz Coffee Ravioli Bake Chicken Kiev Mashed Potatoes+ Tossed Salad Prince Edward Veg. Bread, Italian Butter Italian Golden Dressing Apple Slices, Canned | <ol style="list-style-type: none"> 2% Milk Water, 4oz Coffee Caprese Chicken Baked Ham Red Skin Mash Augratin Potatoes Seasoned Green Beans Seasoned Spinach+ Bread, Italian Butter Fresh Cantaloupe | <ol style="list-style-type: none"> 2% Milk Coffee Water, 4oz Roast Pork Hungarian Goulash Wild Rice Buttered Noodles Brussels Sprouts Seasoned Peas+ Gravy Butter Angel Cake w/ Strawberries | <ol style="list-style-type: none"> 2% Milk Water, 4oz Coffee Cottage Cheese & Peas Potato Pierogi w/ Onion Ravioli Bake Spring Salad Italian Golden Dressing Sour Cream Sherbet, Raspberry | <ol style="list-style-type: none"> 2% Milk Water, 4oz Coffee Roast Turkey Caprese Chicken Stuffing Red Skin Mash Seasoned Carrots+ Seasoned Green Bean Roll, Dinner Turkey Gravy Butter Apple Raspberry Pie | <ol style="list-style-type: none"> 2% Milk Water, 4oz Coffee Pot Roast Roast Pork Oven-Browned Potatoes Wild Rice Seasoned California BI Brussels Sprouts Roll, Dinner Gravy Butter Berries & Whip Cream |
| Dinner | <ol style="list-style-type: none"> 2% Milk Coffee Water, 4oz Super Chicken Tuna Salad on a Croissant Ranch Red Skin Potatoes Seasoned Mixed Vegetables Butter Pears, Canned | <ol style="list-style-type: none"> 2% Milk Water, 4oz Coffee Italian Sausage Sloppy Joe on a bun Skillet Potatoes Tator Tots Peppers & Onions Cuke & Tomato Salad Ketchup PC Oatmeal Raisin Cookie | <ol style="list-style-type: none"> 2% Milk Water, 4oz Coffee Cream of Cauliflower Oyster Crackers Ham & Cheese Sandwich Egg Salad Plate Lettuce & Tomato Bread, Wheat Mayo, PC Mustard PC Brownie+ | <ol style="list-style-type: none"> 2% Milk Coffee Water, 4oz Chicken Vegetable Soup Oyster Crackers Chicken Tenders+ Super Chicken French Fries Ranch Red Skin Potatoes Mayo, PC 4 Bean Medley Seasoned Mixed Vegetables Ketchup PC Ranch Dressing Applesauce | <ol style="list-style-type: none"> 2% Milk Water, 4oz Coffee Fish Fillet on Bun Italian Sausage Sweet Potato Waffle Fries Skillet Potatoes Cole Slaw Peppers & Onions Bun, Hamburger Ketchup PC Tartar Sauce PC Pineapples, Canned | <ol style="list-style-type: none"> 2% Milk Water, 4oz Coffee Lentil Soup Oyster Crackers Chicken Salad on Croissant Ham & Cheese Sandwich Lettuce & Tomato Croissant Mandarin Orange Jello | <ol style="list-style-type: none"> 2% Milk Water, 4oz Coffee Chicken Ala King Chicken Tenders+ French Fries 4 Bean Medley Biscuit Banana Cake w/ Frosting |